

WEEKLY MENU

16 April – 19 April

SOUPS

MONDAY

Carrot & Coriander

TUESDAY

Seasonal Vegetable

WEDNESDAY

Tomato and Pepper

THURSDAY

Roasted Summer Squash
& Sage

FRIDAY

Summer Vegetable
Broth

HOME FROM HOME

Italian Beef Bolognese
and Spaghetti

Harissa Spiced Chicken
Tagine

Basil and Rocket Pesto
Penne

Hong Kong Style Sweet
and Sour Chicken

Homemade Pepperoni
Pizza

MEAT FREE

Butterbean and Sun-
dried Tomato Gnocchi
Bake

Roasted Summer
Vegetable Tagine

Roasted Red Pepper Pesto
Penne

Crispy Tofu in Black Bean
Sauce

Tomato and Mozzarella
Pizza

ON THE SIDE

Spring Greens

Moroccan Style Couscous
& Ratatouille Vegetables

Broccoli and Focaccia
Dough Balls

Coriander Rice and Stir-
Fried Greens

Chunky Chips, Peas

PASTA BAR

Tomato Sauce
or
Cream of Spinach

Beef & Tomato Ragu
or
Green Pesto

Garlic Chicken
or
Carbonara

Sundried Tomato and
Basil Dressing
or
Mushroom and Chive

DESSERTS

Lemon Drizzle Slice with
Lemon Sauce

Beetroot Chocolate
Sponge

Berry Mess

Apple, Rhubarb Bread &
Butter Pudding

Ice-cream Parlour with
Toppings

WEEKLY MENU

22 April – 26 April

SOUPS

MONDAY

Tomato & Basil

TUESDAY

Carrot and Ginger

WEDNESDAY

Broccoli

THURSDAY

Theme Day

FRIDAY

Soup Of The Day

HOME FROM HOME

Mediterranean Chicken

Italian Herby Meatballs and Spaghetti

Herb Roasted Turkey Breast

Theme Day

Crispy Fish Fingers

MEAT FREE

Summer Vegetable Frittata

Meat free Meatballs and Spaghetti

Caramelised Red Onion and Feta Tarte Tatin

Theme Day

Feta And Spinach Mini Quiche

ON THE SIDE

Potato Bravas, Green Bean

Buttered Peas and Sweetcorn

Thyme Roasted Potatoes, Carrots and Summer Greens

Theme Day

Chips, Minted Peas And Tartare Sauce

PASTA BAR

Pasta With Arrabbiata Sauce

Chicken Alfredo

Creamy Lemon, Herb and Roasted Courgette

Theme Day

DESSERTS

Apple Crumble & Custard

Lemon & Coconut Loaf

Carrot Cake

Lemon & Poppy Seed Sponge

Chocolate Courgette Cake

WEEKLY MENU

29 April – 3 May

SOUPS

Roasted Pepper & Tomato

Pea & Mint

Spiced Vegetable

Spiced Lentil

Soup Of The Day

HOME FROM HOME

Creamy Macaroni, Cheesy Breadcrumbs

Chicken Chow Mein

Garlic and Herb Roasted Pork Loin

Turkish Style Chicken Shawarma with Cucumber and Mint Dip

Chalkboard Friday

MEAT FREE

Sweet Potato and Spinach Macaroni Cheese with Breadcrumbs

Vegetable Fried Rice

Vegetable Wellington

Mediterranean Lasagne

A selection of dishes from our Pupils' Suggestion Board

ON THE SIDE

Sweetcorn & Sliced Carrot

Chinese Style Vegetables

Thyme Roasted Potatoes, Carrots and Cauliflower, Apple Sauce

Lemon Roasted Potatoes and Flatbread

PASTA BAR

Tomato and Basil Pasta Bar

Sausage & Bean Chilli or Red Pepper Pesto

Rocket & Basil Pesto

Four Cheese or Pulled Pork Chilli

DESSERTS

Summer Berry Cake Slice

Strawberry Cheesecake

Berry Crumble with Vanilla Custard

Chocolate Fudge Cake

Ice-cream

WEEKLY MENU

6 May – 10 May

SOUPS

MONDAY
Carrot & Coriander

TUESDAY
Seasonal Vegetable

WEDNESDAY
Tomato and Pepper

THURSDAY
Roasted Summer Squash & Sage

FRIDAY
Summer Vegetable Broth

HOME FROM HOME

Italian Beef Bolognese and Spaghetti

Harissa Spiced Chicken Tagine

Basil and Rocket Pesto Penne

Hong Kong Style Sweet and Sour Chicken

Homemade Pepperoni Pizza

MEAT FREE

Butterbean and Sundried Tomato Gnocchi Bake

Roasted Summer Vegetable Tagine

Roasted Red Pepper Pesto Penne

Crispy Tofu in Black Bean Sauce

Tomato and Mozzarella Pizza

ON THE SIDE

Spring Greens

Moroccan Style Couscous & Ratatouille Vegetables

Broccoli and Focaccia Dough Balls

Coriander Rice and Stir-Fried Greens

Chunky Chips, Peas

PASTA BAR

Tomato Sauce or Cream of Spinach

Beef & Tomato Ragu or Green Pesto

Garlic Chicken or Carbonara

Sundried Tomato and Basil Dressing or Mushroom and Chive

DESSERTS

Lemon Drizzle Slice with Lemon Sauce

Beetroot Chocolate Sponge

Berry Mess

Apple, Rhubarb Bread & Butter Pudding

Ice-cream Parlour with Toppings

WEEKLY MENU

13 May – 17 May

SOUPS

MONDAY

Tomato & Basil

TUESDAY

Carrot and Ginger

WEDNESDAY

Broccoli

THURSDAY

Theme Day

FRIDAY

Soup Of The Day

HOME FROM HOME

Mediterranean Chicken

Italian Herby Meatballs and Spaghetti

Herb Roasted Turkey Breast

Theme Day

Crispy Fish Fingers

MEAT FREE

Summer Vegetable Frittata

Meat free Meatballs and Spaghetti

Caramelised Red Onion and Feta Tarte Tatin

Theme Day

Feta And Spinach Mini Quiche

ON THE SIDE

Potato Bravas, Green Bean

Buttered Peas and Sweetcorn

Thyme Roasted Potatoes, Carrots and Summer Greens

Theme Day

Chips, Minted Peas And Tartare Sauce

PASTA BAR

Pasta With Arrabbiata Sauce

Chicken Alfredo

Creamy Lemon, Herb and Roasted Courgette

Theme Day

DESSERTS

Apple Crumble & Custard

Lemon & Coconut Loaf

Carrot Cake

Lemon & Poppy Seed Sponge

Chocolate Courgette Cake

WEEKLY MENU

20 May – 24 May

SOUPS

Roasted Pepper & Tomato

Pea & Mint

Spiced Vegetable

Spiced Lentil

Soup Of The Day

HOME FROM HOME

Creamy Macaroni, Cheesy Breadcrumbs

Chicken Chow Mein

Garlic and Herb Roasted Pork Loin

Turkish Style Chicken Shawarma with Cucumber and Mint Dip

Chalkboard Friday

MEAT FREE

Sweet Potato and Spinach Macaroni Cheese with Breadcrumbs

Vegetable Fried Rice

Vegetable Wellington

Mediterranean Lasagne

A selection of dishes from our Pupils' Suggestion Board

ON THE SIDE

Sweetcorn & Sliced Carrot

Chinese Style Vegetables

Thyme Roasted Potatoes, Carrots and Cauliflower, Apple Sauce

Lemon Roasted Potatoes and Flatbread

PASTA BAR

Tomato and Basil Pasta Bar

Sausage & Bean Chilli or Red Pepper Pesto

Rocket & Basil Pesto

Four Cheese or Pulled Pork Chilli

DESSERTS

Summer Berry Cake Slice

Strawberry Cheesecake

Berry Crumble with Vanilla Custard

Chocolate Fudge Cake

Ice-cream